#VALUE!	ALLERGEN CHART - PITA PIT	Revision date: 01/01/2026
		Approved by: FSQA Manager

IF YOU HAVE FOOD ALLERGY CONCERNS, PLEASE NOTIFY PITA PIT STAFF BEFORE PLACING ORDER

INFORMATION SOURCES & ALLERGY NOTE:

The information in these charts is based on product information provided by PITA PIT® approved food suppliers. Every reasonable effort is made to keep this information current; however, it is possible that ingredient changes and substitutions may occur without our knowledge, or consent before these charts can be updated. Accordingly, no warranty is expressed or implied regarding it's accuracy. Specific promotional and regional items are not included as ingredients vary.

If you have food allergy, please be aware that PITA PIT® products may contain, or have come into contact with, peanuts, nuts or other possible allergens.

PITA PIT® is a restaurant environment serving whole and prepared foods that are not in sealed packages. Therefore, we unfortunately cannot guarantee a 100% allergy-free environment.

✓ Contains MC May contain

MENU ITEMS	ALLERGENS											
	Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish	crustaceans	Mollusks	Sesame	Mustard	Sulfites
CREATED FOR YOU - PITA												
C4U Ancho Chicken Pita	✓	✓	✓								✓	✓
C4U Cordon Bleu Pita	✓	✓	✓	MC							✓	
C4U Chicken Crave 2.0 Pita	✓	✓										
C4U Fiesta Steak Pita	✓	✓	✓	✓							✓	MC
C4U Halloumi & Falafel Pita	✓	✓								✓		✓
C4U Halloumi Bacon Pita	✓	✓	✓	MC							✓	
C4U Sweet Heat Pita	✓	✓	✓	✓							MC	MC
C4U Jalapeno Club Pita	✓	✓	✓	MC							✓	MC
C4U Lemon Pepper Chicken Pita	✓	✓								✓		
C4U Mighty Ceasar Pita	✓	✓	✓	✓			✓				✓	✓
C4U BBQ Brisket Pita	✓	✓	✓	✓							✓	✓
C4U Southwest Baja Pita	✓	✓	✓	✓							✓	
C4U Spicy Buffalo Cesar Pita	✓	✓	✓	✓			✓				✓	✓
C4U Spicy Greek Pita	✓	✓	MC	✓							✓	✓
C4U Veg Cheeseburger Pita	✓	✓	✓	✓							✓	✓
C4U West Coast Club Pita	✓	✓	✓	MC							✓	✓
C4U Zesty chicken /bacon Pita	✓	✓	✓	✓			✓				✓	✓
C4U Chicken Bruschetta Pita	✓	✓	✓	✓							✓	✓
C4U Balsamic bacon Pita	✓	✓		✓								✓
C4U BBQ Bacon Cheeseburger Pita	✓	✓	✓	✓							✓	MC
CREATED FOR YOU - SALAD BOWL												
C4U Ancho chicken Salad		✓	✓								✓	✓
C4U Cordon Bleu Salad		✓	✓	MC							✓	
C4U Chicken Crave Salad		✓										
C4U Fiesta Steak Salad		✓	✓	✓							✓	
C4U Halloumi & Falalfel Salad		✓								✓		✓
C4U Halloumi & Bacon Salad		✓	✓	MC							✓	

C4U Sweet Heat Salad		✓	✓	✓							MC	MC
C4U Jalapeno Club Salad		✓	✓	MC							✓	MC
C4U Lemon Pep Chicken Salad		✓								✓		
C4U Mighty Caesar Salad	✓	✓	✓	✓			✓				✓	✓
C4U BBQ Brisket Salad		✓	✓	✓							✓	✓
C4U Southwest Baja Salad		✓	✓	✓							✓	
C4U Spicy Buffalo Caesar Salad	✓	✓	✓	✓			✓				✓	✓
C4U Spicy Greek Salad	✓	✓	MC	✓							✓	✓
C4U Veg cheeseburger Salad		✓	✓	✓							✓	✓
C4U West Coast Club Salad		✓	✓	MC							✓	✓
C4U Zesty Chicken/bacon Salad	✓	✓	✓	✓			✓				✓	✓
C4U Chicken Bruschetta Salad	✓	✓	✓	✓							✓	✓
C4U Balsamic bacon Salad		✓		✓								✓
C4U BBQ Bacon Cheeseburger Salad		✓	✓	✓							✓	MC
CREATED FOR YOU - RICE BOWL												
C4U Ancho chicken Rice		✓	✓								✓	✓
C4U Cordon Bleu Rice		✓	✓	MC							✓	
C4U Chicken Crave Rice		✓										
C4U Fiesta Steak Rice		✓	✓	✓							✓	
C4U Halloumi & Falalfel Rice		✓								✓		✓
C4U Halloumi & Bacon Rice		✓	✓	MC							✓	
C4U Sweet Heat Rice		✓	✓	✓							MC	MC
C4U Jalapeno Club Rice		✓	✓	MC							✓	MC
C4U Lemon Pep Chicken Rice		✓								✓		
C4U Mighty Caesar Rice	✓	✓	✓	✓			✓				✓	✓
C4U BBQ Brisket Rice		✓	✓	✓							✓	✓
C4U Southwest Baja Rice		✓	✓	✓							✓	
C4U Spicy Buffalo Caesar Rice	✓	✓	✓	✓			✓				✓	✓
C4U Spicy Greek Rice	✓	✓	MC	✓							✓	✓
C4U Veg cheeseburger Rice		✓	✓	✓							✓	✓
C4U West Coast Club Rice		✓	✓	MC							✓	✓
C4U Zesty Chicken/bacon Rice	✓	✓	✓	✓			✓				✓	✓
C4U Chicken Bruschetta Rice	✓	✓	✓	✓							✓	✓
C4U Balsamic bacon Rice		✓		✓								✓
C4U BBQ Bacon Cheeseburger Rice		✓	✓	✓							✓	MC
BUILD YOUR OWN												
PITA												
Pita White	✓											
Pita Whole Wheat	✓											
XL Pita Bread	✓											
Pita Gluten- Free												
RICE												
Rice for Pitas												
Rice for Bowls												
PROTEINS												
Falafel												

Bacon												
Beef Brisket	MC			✓								
Buffalo Chicken	✓			✓								
Chicken												
Chicken & Bacon												
Chicken Shawarma				✓								
Chicken Souvlaki			MC	✓								
Southwest chicken		✓	✓								✓	
Chicken Crave												
Southwest Steak		✓	✓	✓							✓	
Steak	MC			✓								
Deli ham												
Deli Turkey												
Deli Club												
Gyro	✓			✓							✓	
Rib												
Ham												
Pepperoni											✓	
Halloumi		✓										MC
Black Beans Patty												
TOPPINGS												
Cheddar Cheese		✓										
Mozarella Cheese		✓										
Swiss Cheese												
Parmesan Cheese	✓	✓										
Feta Cheese		✓										
Alfalfa Sprouts												
Black Olives												
Cucumber												
Green Olives												
Green Peppers												
Hot Peppers Rings												✓
Jalapenos												
Lettuce Iceberg												
Lettuce Romaine												
Shredded Carrots												
Roasted Red Peppers												
Mushrooms												
Onions												
Pinapple												
Pickles											MC	MC
Spinach Baby												
Tomato												
Croutons	✓	✓		MC						MC		
SPREAD												
Hummus										✓		

Avocado Pulp												
SAUCES												
Ancho Chipotle		✓	✓								✓	
Balsamic Gluten Free				✓								✓
Caesar	✓	✓	✓	✓			✓				✓	✓
Donair		✓										
Garlic Aioli		✓	✓	MC							✓	
Honey Garlic				✓								
Honey Garlic BBQ				✓							✓	✓
Honey Mustard											✓	
Hot Sauce												
Ketchup												
Lemon Za'atar										✓		
Light Mayonnaise			✓									
Mustard											✓	
Ranch		✓	✓	✓								
Smoky BBQ											✓	✓
Spicy Mayo			✓	✓								
Spicy Thai												
Teriyaki	✓			✓								✓
Tzatziki		✓										
SEASONING												
Seasoning Tex mex												
Seasoning Garlic Plus												
Seasoning Greek												
Caribbean Jerk												
SNAKCS (Sauce not included)												
Falafel												
Pita Chips	✓											
Buffalo bites	✓			✓								
Halloumi Sticks		✓										
Pita Twist - Pepperoni	✓	✓									✓	
Pita Twist - Cheesy Garlic	✓	✓										
COOKIES												
Cookie Peanut Butter	✓	✓	✓	✓	✓	MC						
Cookie Macademia Nut	✓	✓	✓	✓	MC	✓						
Cookie Double Chocolate	✓	✓	✓	✓	MC	MC						
Cookie Oatmeal Raison	✓	✓	✓	✓	MC	MC						
Cookie Carnival	✓	✓	✓	✓	MC	MC						
Cookie Chocolate Chip	✓	✓	✓	✓	MC	MC						
SMOOTHIES												
Berry Bliss		✓										
Sunset paradise		✓										
Chocolate Banana		✓										
Strawberry & Banana		✓										
Whey Protein (Scoop)		✓		✓								

BUILD YOUR OWN DESSERT												
Low Fat Vanilla Yogurt (Base)		✓										
Crushed KitKat	✓	✓		✓								
Crushed Smarties	✓	✓		✓								
Cookie Crumble	✓			✓								
Cheesecake bites	✓	✓	✓	✓	MC							
JUST FRUIT DESSERT												
Mango Frozen Dessert												
Strawberry Frozen Dessert												
Rasberry Frozen Dessert												
Peach Frozen Dessert												
Blueberry Frozen Dessert												
Pinapple Frozen Dessert												
Banana Frozen Dessert												